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Cortical Action Tremor and Focal Motor Seizures After Parietal Infarction



Stroke is the most frequent cause of epileptic seizures in the elderly.¹⁻⁷ When the ischemic area is located subcortically, tremor occasionally occurs.⁸⁻¹¹ The occurrence of both tremor and focal motor seizures as a sequel to stroke has not been reported. We describe a patient suffering from focal motor seizures of the contralateral hand and forearm after right pari-

A videotape accompanies this article.

Case Report

A 68-year-old man with preexisting atrial fibrillation, arterial hypertension, and diabetes mellitus developed weakness of the left arm that he considered too mild to see a physician. Some weeks later, recurrent spontaneous focal motor seizures restricted to his left forearm occurred with consecutive Todd's paresis. The frequency of seizures without medication was one every third or fourth day. At times, the jerking was vigorous enough to make the patient lose his balance and fall. Neither Jacksonian march nor secondary generalization of seizures occurred. In addition to these spontaneous motor seizures, opposition of his left thumb and index finger triggered rhythmic tremor-like jerking of his left forearm muscles (see the videotape). This action tremor was confined to the period of continuous voluntary muscle contraction and was not observed during Todd's paresis. The presence or absence of focal motor seizures did not have considerable impact on tremor severity and frequency.

Clinical examination showed moderate weakness of the left face and arm, with exaggerated tendon reflexes of the left arm. Surface electromyographic recordings from left abductor pollicis brevis and first dorsal interosseus as well as from forearm flexor and extensor muscles showed rhythmic cocontractions of agonist and antagonist muscles at a frequency of 4-5 s when the thumb and index finger were voluntarily opposed; individual tremor bursts lasted 80-100 ms (Fig. 1). Even repeated interictal electroencephalographic (EEG) recordings did not show epileptic discharges during or in the absence of action tremor; intermittent regional slowing was sometimes found over the right parietal cortex. The amplitudes of cortical sensory-evoked potentials were normal (4 μ V with left median nerve stimulation, 3.5 μ V with right median nerve stimulation, and 0.5 μ V with either tibial nerve stimulation), with prolonged latencies resulting from polyneuropathy. Also, motor-evoked potentials in abductor pollicis brevis muscles were of normal amplitude (2.0 mV) and latencies (23.0 ms, right; and 23.7 ms, left). Transcranial magnetic stimulation did not induce repetitive tremor-like discharges or focal motor seizures. Cranial computed tomography and magnetic resonance imaging showed a hypodensity-hyperintensity in the white matter underlying the right parietal cortex (Fig. 2).

During the following year, the patient's left facial and arm paresis gradually improved, leaving a left forearm pronator drift and slowness of rapid repetitive movements. With doses of up to 600 mg phenytoin per day, therapeutically effective serum levels could not be established, and focal motor seizures persisted. Thus, the patient was treated with carbamazepine, which completely abolished spontaneous seizures for 1 year. He was gradually tapered off carbamazepine, and his motor seizures have not recurred for >18 months. Action tremor of the left hand and forearm initially persisted, however, under medication with carbamazepine for 1 more year before gradually disappearing without any additional medication.

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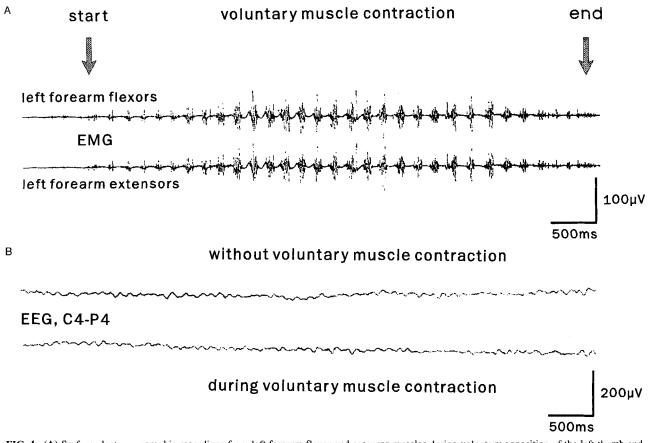


FIG. 1. (A) Surface electromyographic recordings from left forearm flexor and extensor muscles during voluntary opposition of the left thumb and index finger. During action, agonist and antagonist muscles discharge synchronously at 4-5 Hz. (B) Bipolar electroencephalographic (EEG) recordings over the right central region with and without contralateral tremor activity from the same recording session. There is no evidence of tremor-related EEG changes.

Discussion

Focal motor seizures after cerebral infarction are considered to be the result of focal hyperexcitability in the cortical border zonc of the infarct. There is experimental evidence that inhibition to paired electrical pulses in this region is diminished probably as a result of reduced GABAergic input to pyramidal cells.¹² The mechanism of tremor generation after cortical infarction is less well understood.

There are reports of patients suffering from tremor of probable cortical origin^{13,14} without morphologically identifiable lesions. These patients were reported to have rhythmic electromyographic discharges at frequencies of 9–18 s particularly during action. Lance–Adams syndrome, myoclonus epilepsy, and opsoclonus–myoclonus syndrome were the respective underlying causes. Surface EEG recordings were normal in most cases. Back-averaging of EEG activity revealed a cortical premovement potential, and there were giant somatosensoryevoked potentials (SSEPs), from which the concept of rhythmic cortical myoclonus underlying the clinical phenomenon of tremor in these patients emerged (see also Hallett¹⁵). Treatment with clonazepam had some effect. In our patient, tremor frequency was slower, and neither EEG spikes nor giant SSEPs were present.

The 5 s writing tremor after cortical infarction in the case

reported by Kim and Lee¹⁰ shares some clinical characteristics with the tremor of our patient, but their patient's tremor was not task specific. The simultaneous appearance of spontaneous focal motor seizures and action-induced tremor in the same part of the body after cortical infarction suggests some common mechanism in their generation. Focal motor seizures may be the clinical manifestation of spontaneous repetitive firing of neurons in the border zone of the infarction. The propensity of the same region to discharge rhythmically may also become clinically apparent in the form of tremor-like contractions resulting from excitatory input during voluntary contraction of forearm muscles.

Carbamazepine administration suppressed the seizures, whereas action-induced tremor persisted for some time. During action, the tonically active pyramidal tract neurons may have been depolarized sufficiently to relay the otherwise subthreshold inputs from the border zone of infarction (see also Ferbert and Gerwig⁸); alternatively, tonic pyramidal cell output might have activated the region generating rhythmic discharges either axon collaterals or indirectly by way of recurrent sensory input. Similar to our patient with focal motor seizures, spontaneous resolution of epilepsia partialis continua is well recognized¹⁶ and may be the result of some local synaptic reorganization in the border zone of infarction, resulting in reduced excitability or inhibition of the spread of discharges.

The simultaneous development of motor seizures and action tremor in the same region in our patient suggests that hyperexcitability and synchronized rhythmic neuronal activity in the border zone of infarction may be the common cause of both focal epileptic seizures and cortical action tremor.

Legend to the Videotape

A few months after right parietal infarction, opposition of left thumb and index finger would trigger rhythmic action tremor restricted to the activated muscles. This tremor lasts as long as voluntary contraction is maintained. Tremor is also evident bringing the left index finger to the nose.

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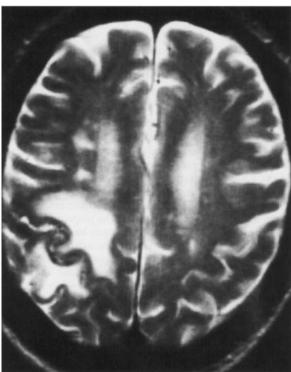


FIG. 2. Coronal T1-weighted (A) and axial T2-weighted (B) magnetic resonance images showing the extension of right parietal infarction 31/2 months after the onset of symptoms.